

DOA NEWS

September & October 2018



Delhi Orthopaedic Association

It's time for good bye and a new beginning

A journey coming to an end, not to halt the flourishing knowledge rather to provide New brains with new ideas. As well said by **Heraclitus of Ephesus** that the **“only thing which is constant is a change.”** Completion of month of October validates that the time has come to say good bye to the current executive committee team of DOA as academic year of 2018 is coming to an end and simultaneously prepared all the DOA to welcome new Executive committee team of Delhi orthopaedic association in upcoming DOA annual meet.

On this forum, we (EC, DOA) want to say

thanks to all DOA members to giving us wonderful opportunity to serve our orthopaedic fraternity. We have put our every bit of endeavour to keep the flames of knowledge shining bright. DOA Secretary Dr. Lalit Maini and DOA President Dr. Ramesh Kumar congratulate all EC members of DOA and all DOA members for successful completion of 2018 academic year. Valuable participation of DOA members and relentless efforts of EC members have made this year a memorable year on the front of educational progress. We feel pride to announce that number of delegates in every conference was very good and was even

more than the year 2017 declaring 2018 year as a big success all because of DOA members.

Moreover, all the members are again invited to participate in upcoming DOA annual conference, to exercise their right to vote to choose their next EC DOA. Henceforth, we congratulate and welcome our upcoming EC team DOA in advance for wonderful year ahead.

31-10-2018
Sept - Oct Issue

Inside this issue:

DOA Elections 2018	2
3 rd DOA Quarterly Meet	3
Acetabular Fracture	
CME	4
Upcoming Events	5



DOA EC team 2018
saying a big thank you
to all and
congratulates new EC
team in advance



Voting Agenda for DOA Post 2018-2019

DOA ELECTIONS 2018-19

Nominations for the following posts of Executive Committee are invited:

Name of post	No.	Tenure
President Elect	1	1 year
Vice President	1	1 year
Secretary	1	3 years
Joint Secretary	2	3 years
Treasurer	1	3 years
EC members	12	1 year

(Two each from South, East, West, North, Central and NCR Zones)

Bids for the following DOA academic events are invited from the Institutions

1. Annual conference (DOACON 2019) for Two days, first weekend of November 2019
2. Mid term conference (MIDCON 2019) for One day, first weekend of May 2019
3. Quarterly meetings – Three in a year for Half day each, 1st Jan., 2nd in June, 3rd in Sept
4. send nominations and bids at doaelections2019@gmail.com only.

1. Voting will be done on two days during the Annual DOA conference at AIIMS on 23rd November 12noon to 6 pm and 9am to 11 am on 24th November, 2018.
Results will be declared in GBM on Saturday, 24th November 2018.

Dates to Remember:

Election Notification: 15th September 2018
 Last Date for Receipt of Nominations:
29th October 2018.
 Announcement of Primary List: 31st October, 2018

Last Date for Withdrawal of Nomination:
10th November, 2018.
 Declaration of Final List of Nominations:
11th November 2018.

Dr Dhananjay Gupta, President Elect and Election Officer, Delhi Orthopaedic Association



**Let's join hand
 For
 Better future**

DOA 3rd Quarterly Meet (23rd Sept. – UKR Reinvented)

Osteoarthritis knee is one of the most common orthopaedic problems, even can be labelled as an epidemic in geriatric age group. Surgeons still desire to delay the so called Gold standard surgical treatment for OA knee i.e. Total Knee Replacement.

Unicondylar knee is one of the available solutions to delay total knee arthroplasty, but still surgeons are unaware of exact indication, utilities and complication with unicondylar knee.

So, 3rd DOA quarterly meet was organised on 23rd September at hotel Radisson Blue Pashim vihar under the chairmanship of Dr. Atul Vaish, Dr. Manoj Vatsa and Dr. Harmesh Kapoor. The theme of the CME cum Workshop was "Unicondylar knee replacement Reinvented" The meeting started with introduction to the course by Dr Harmesh Kapoor. The faculty consisted of reputed joint surgeons who deliberated on various aspects of UKR. Prof Vijay Kumar from AIIMS spoke on History and surgical techniques. Dr J Maheshwari spoke about ideal case selection for UKR through clinico-radiological evaluation and how-

to choose between HTO & UKR. Dr Barun Dutta gave his personal tips how to perform UKR and difference between fixed & mobile bearing UKR. Dr Harish ghoota gave literature support in favour of UKR. Dr Jayant Arora deliberated on indications & contraindications. Dr Gurinder bedi told about complications and how to prevent them.

Conference was chaired by well known knee surgeons which include surgeons like Dr Yash Gulati, Dr Vivek Mittal, Dr R k Dusaj, Dr A k Jain, Dr Sumant Sinha, Dr Gopal Goel, and moderators Dr Monu Singh, Dr Samarjeet Singh, Dr R k Mishra & Dr Gautam Dhir.

The CME cum workshop was attended by 80 delegates who appreciated the academic content and hospitality of our association.

Amidst the knowledge affairs, Dr. Ramesh Kumar President DOA and Prof Lalit Maini HONY SEC DOA graced the occasion and released 1st directory of West DOA.

With all the academic dialogues, release of 1st directory of WDOA, appreciation from delegates, it turned out to be a successful conference.



DOA President, Vice President, Secretary, WDOA members and other eminent orthopaedic surgeons releasing the 1st WDOA directory



Delegates participating in the Saw Bone workshop of UKR



Delegates focusing on the concepts of UniCondylar knee during 3rd quarterly meet DOA to the lecture in DOA CME

Acetabular Fractures CME (28th October, 2018)

Acetabular fractures since long being considered as one of the most difficult to manage and to achieve anatomical congruency of hip joint is a tough task. That's mainly because of rough contours of pelvic bone and difficulty to get a approach of pelvis completely.

This is one of those fractures in which classification still needs to be evolved further to guide surgeons about the management principles. Keeping this in mind a CME on acetabular fractures has been organised at Hotel City Park, Pitampura on 28th October 2018 under chairmanship of Dr. Amite Pankaj and Dr. Puneet Mishra.

It was an awesome conference discussing all the aspects of acetabular fracture with eminent faculties of Delhi as speakers who have lots of experience in managing acetabular fractures for last 15 years.

Around 100 delegates attended the conference. Discussion went on

important topics like decision making in the acetabular fracture with special mention on the approach to be followed. Discussion on approaches, surgical steps, reduction techniques and last but not the least role of THR in acetabular fractures were the special highlights of this conference.

All these lectures were followed by hands on workshop for all delegates. The conference structure, lectures, hands on workshop and the venue of conference, all were appreciated by delegates in feedback.

"3D vision and experience is the key for acetabular fracture management"



**Glimpses
Of
Acetabular fracture
CME**



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Association**

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Delhi Chapter

Efforts enable excellence

We're on the Web!
<http://delhiortho.org>

STRIVING HARD FOR BETTER FUTURE

As a responsible association we have social obligations and commitments as well. There is a plan to start outreach programmes to educate the masses regarding the prevention of osteoporosis besides developing guidelines and policies for management of victims of road traffic accidents.

With the growing expectations and dissatisfaction of the patients towards medical professionals, it is imperative that efforts are made to regain the confidence of the society towards the medical fraternity and sensitise the medical professionals regarding the remedial measures.

We would need your cooperation and suggestions time and again to meet these agendas.

Dr. Lalit Maini

Secretary

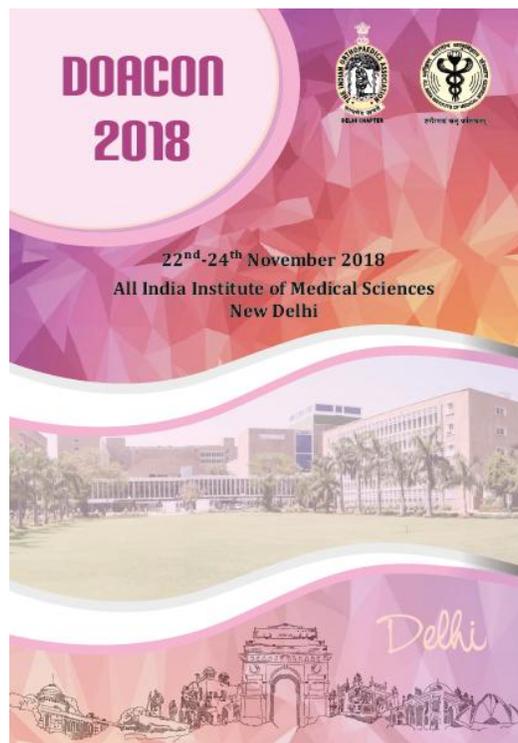
DOA

Upcoming Events

[Annual DOACON Invite \(click here\)](#)

**November – a month of
Festival**

Happy Diwali
In Advance



Best Wishes – EC Team DOA 2017-18
