

DOA NEWS

May & June 2018



Delhi Orthopaedic Association

Learning with reflection

Delhi orthopaedic association always believes in spreading awareness within DOA members about latest knowledge updates, techniques also encouraging the residents of Delhi to acquire quality knowledge and provide best care in future to the patients. DOA is working hand in hand with teaching institutions to dispel the ignorance and leading residents to the path of success.

DOA holds a philosophy of learning with reflection. Constant endeavour and hard work of post graduate students got reflected in

the final exams of orthopaedics in Delhi.

This year, result of final Delhi University M.S. (ortho) examination result was displayed in May. Maximum post graduate residents passed the exams with flying colors.

DOA congratulates Delhi post graduate residents for their success.

We say hard luck for all those residents, who have missed out in the exam. Learning is a constant process with ever changing ideologies. Keeping your

spirits high will take you to the path of success.

DOA encourages inculcating the habit of reflecting your learning.



**20-06-2018
May-June Issue**

Inside this issue:

Advanced Trauma course	2
Advanced Spine symposium	2
2 nd Quarterly Meet	3
Upcoming Events	4
MIDCON Program	5

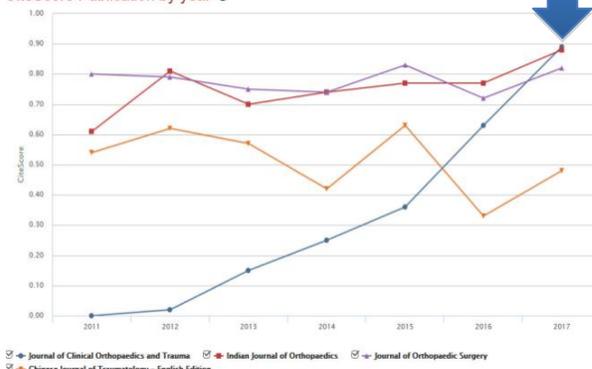
Ever Growing

Journal of Clinical Orthopaedics & Trauma

JCOT, a hallmark and reputed journal of DOA is growing beyond imagination. Citation score, impact factor has grown up to such an extent that it has surpassed the national journal i.e. IJO. JCOT is a matter of pride for all of us being a DOA member. Not only this, on

evaluating the yearly growth of various journal on the basis of citescore publication per year, JCOT was found to have left behind not only our national journal i.e. IJO, but also international renowned journals like Journal of Orthopaedic Surgery, Chinese journal of traumatology.

CiteScore Publication by year



Advance trauma course (6th May)

Continuing the DOA legacy, this year too DOA executive committee organizes advanced trauma course which was organized on 6th of May at hotel Park, Connaught Place, Delhi.

Advanced trauma course is an annual event of DOA which focuses on gaining skills and knowledge to tackle difficult trauma encountered in day to day practice. This course is usually meant for upcoming budding residents, but is open to all.

This year also, course was

attended by 48 delegates and 18 faculty members. The course consisted of didactic lectures on proximal femur fractures, acetabulum fractures, distal femur and proximal tibia fractures. Lectures were followed by the saw bone workshop to provide delegates with hands on practical experience. Question answer session was conducted on workshop table with the table instructor. Momentum of course was kept ongoing by in between short breaks of delicious food of hotel Park.

“No classification can better decide the management of trauma than the wisdom of surgeon”



Acetabulum fracture workshop



Advanced trauma course faculty

Advanced Spine Symposium (13th May)

On 13th may under the chairmanship of Dr. HS Chabra, advanced spine symposium was conducted in ISIC hospital Vasant Kunj. DOA has taken a lead to include various sub-specialties topic symposium to enhance the knowledge sharing. Conference was attended by 42 delegates with didactic lectures taken by eminent faculty. Various upcoming and nail biting topics such as spine

fractures, spine metastasis, pott's spine, cervical myelopathy, PIVD, complications in spine. There were multiple surgical videos

“No one achieves great things by following crowd. Have a SPINE. Strike your own path”

demonstrated in the conference highlighting the minute details of different surgeries like laminoplasty, laminectomy, TLIF, scoliosis correction. At the end, conference was followed by a saw bone workshop and exploring the use of midax burr, dural repair and TL fixation. In total a wonderful conference with an amazing experience to go in the depth of spine surgeries.



DOA 2nd Quarterly Meet (3rd June)

Quarterly meetings are again one of the hallmark conferences organized under the banner of DOA for which varied topics were chosen at the beginning of each session for each quarterly meet to make it more educational. 2nd quarterly meet 2018, was organized in Lady Harding Medical College on 3rd June 2018 under the chairmanship of Dr. Mukesh Kalra. Theme of this conference is "Hip". It was a half-day session with power point lectures on Hip covering all the aspects. Discussion went on imaging of hip, surgical

approaches, paediatric hip, hip preservation surgery, hip fractures and replacement. The lectures were followed by sumptuous lunch. Conference was attended by 38 delegates and 12 faculty members. Topics of paediatric hip and hip preservation surgeries were much debated upon and active participation of delegates was seen. Dr. Alok Sood, Dr. Maggu held the discussion over these two ever-emerging topics. A positive feedback of a half-day session conference was received from various delegates, highlighting the

success of this event and dynamism of the lectures and speakers. Overall, a splendid well-organized short course of Hip, praised by all the delegates

**"Get the mystery solved of hip
Else
Be ready for professor's whip."**



Delegates attentively attending the lecture on surgical approach to hip



Dr. Rajiv Jain Past President DOA Delivering Lecture on unstable hip fracture

Delhi Orthopaedic Association

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Delhi Chapter

Efforts enable excellence

We're on the Web!

<http://delhiortho.org>

STRIVING HARD FOR BETTER FUTURE

As a responsible association we have social obligations and commitments as well. There is a plan to start outreach programmes to educate the masses regarding the prevention of osteoporosis besides developing guidelines and policies for management of victims of road traffic accidents.

With the growing expectations and dissatisfaction of the patients towards medical professionals, it is imperative that efforts are made to regain the confidence of the society towards the medical fraternity and sensitise the medical professionals regarding the remedial measures.

We would need your cooperation and suggestions time and again to meet these agendas.

Dr. Lalit Maini

Hon. Secretary

Delhi Orthopaedic Association

Upcoming Events

DOA
MIDCON
8th July 2018
DELHI CHAPTER

Poster Competition	Entries Closed
PG Quiz	Last Date: 1st July 2018
	Send Names Teams of two

Registration closes on 1st July 2018 No Spot Registration
Registration Rs2000/-, DD or cheque in favour of Delhi Orthopaedic Association
Account Name- Delhi Orthopaedics Association, State Bank Of India,
Chandralok Building, Janpath A/C Nu. 1018577887 IFSC code: SBIN0001639

doamidcon2018@gmail.com
9868828881, 9871013795, 9810123331
Secretariat: Office of Director Orthopaedics,
CIO, Safdarjung Hospital, NEW DELHI- 110029

**Venue: Hotel Park, CP
Opposite Jantar Mantar**

MAX ORTHO ONCO CON'18
From Theory to Practice
(under the aegis of the Delhi Orthopaedic Association)
organised by Musculoskeletal Disease Management Group, MDC
Max Institute of Cancer Care supported by Max Institute of Medical Excellence

14th and 15th July 2018

HIGHLIGHTS OF THE EVENT

DAY 1
Venue: India Habitat Centre, Lodi Road, New Delhi

- Interactive session with renowned multiplicity faculty
- Correct approach, diagnostic pitfalls and management principles discussed in real case based scenarios for musculoskeletal tumors
- Choice of reconstruction modulation- biological or mechanical after bone tumor resection
- Update on the latest evidence and practice recommendations for medical and radiation oncology for musculoskeletal tumors

DAY 2
Venue: Lady Hardinge Medical College, Connaught Place, New Delhi (in association with departments of Anatomy and Orthopedics, IMAI)

- Cadaveric workshop for surgical approaches in malignant tumors of distal femur and proximal tibia
- Hands on training in core biopsy for bone and soft tissue tumors
- Hands on training in implantation of tumor prosthesis on saw bone models

ORGANISED BY:
Musculoskeletal Disease Management Group

ORGANISING SECRETARIES:
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Dr. Alok Gupta | Dr. Jyotika Jain
Dr. Rajat Saha | Dr. Ramandeep Arora
Dr. Sandeep Agarwal | Dr. Vikas Goswami
Dr. Wassem Abbas

REGISTRATION FEES: For Day 1 - ₹1,000 (₹750 for students) | For both days - ₹2,000 (₹1500 for students)

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**JOIN
THE
JEWELS**

Program (Tentative)

Shoulder Trauma 9 to 10 am

3 & 4 Part Proximal Humerus # Decision making : Dr.Ramakant Agrawal
Shoulder dislocation first time & recurrent, My Approach: Dr.Ravi Mittal
* Panel Discussion on AC joint & Lateral end clavicle #, Glenoid #, Nailing in proximal humerus #

Elbow & Wrist Trauma 10 to 11 am

Distal end radius # : Why plate is my choice: Dr.Pankaj Jindal
Dislocation of Elbow – My Algorithm : Dr.Vikas Gupta
Metacarpal & Phalangeal #s made easy: Dr.Pankaj Jindal
* Panel Discussion on: Intercondylar humerus #, Supracondylar Hum. #

Foot & Ankle Trauma 11 to 12 noon

Pilon # How to make it simple: Dr.Rajiv Chaterjee
Depressed calcaneum # My way to get it right: Dr.Maninder Shah
Panel Discussion on: Talus #, Jones #, Lisfranc # dislocation, MIS in foot



Dr. Birender Balain
Oswestry UK



Dr. Rajesh Malhotra
President Elect IOA



Dr. Atul Srivastava
Hon Secretary IOA



Dr. Jamal Ashraf
Secretary APOA

Jewels of MIDCON 2018

Countdown

Begins

Program

Femoral Neck & Head Trauma 12 to 1 pm

Neck femur # fresh and old in young adults : Dr. Atul Srivastava
Paediatric fracture neck Femur : Dr. Manoj Padman
* Panel Discussion on Geriatric # NOF, Hip with shaft #s, # Head Femur

Lunch Delight 1 to 1.40 pm

Subaxial Cervical Spine Trauma : Dr. Birender Balain UK
Flexor Tendon injuries have the plastic surgeons taken it : Dr. Pankaj Jindal

Post Graduate Quiz Competition 1.40 to 2.10 pm

Proximal Femur Fractures 2.10 to 3 pm
Unstable IT #s Surmounting the challenges of fixation : Dr. Jamal Ashraf
Unstable IT #s... Replacement, Decision making : Dr. Rajesh Malhotra

* Panel Discussion on: Reduction techniques, failed nails & plates, Subtrochanteric fractures

[Click here](#)
MIDCON 2018

Program

Distal Femur & Tibia Trauma 3 to 4 pm

Type C3 fractures distal Femur : Dr. Harpal Sehli
Floating Knee, safe fixation : Dr. Y Kharbanda
* Panel Discussion on Bicondylar proximal tibia #, Trimalleolar #s, Surgical approaches

Spine Trauma 4 to 5 pm

Controversies in Dorsolumbar Burst #s : Dr. Birender Balain
Pre Hospital Spine trauma care, can we improve it? Dr. HS Chhabra
Pedicicle breach, how to avoid : tips and tricks: Dr. Ramesh Kumar
* Panel Discussion on Osteoporotic #s, Sub axial cervical spine #, Fracture dislocation and burst fractures

Open House 5 to 5.30 pm

Open panel discussion on 5 burning question on how to prevent complications in trauma patients

Dr. Rajiv Chaterjee
Kolkata

Dr. Pankaj Jindal
Pune

Dr. Shiva Shankar
Solapur

Dr. Harpal Sehli
Ludhiana

Jewels of MIDCON 2018