

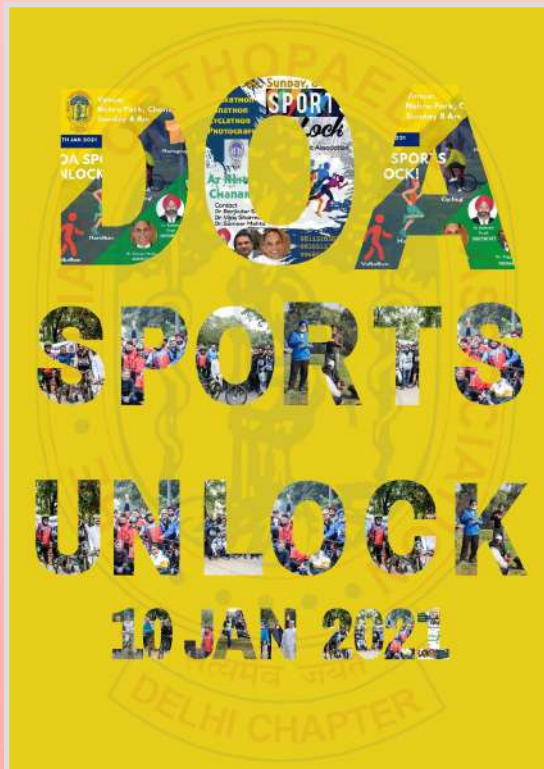
DOA NEWS

January 2021



DOA Sports Un-lock

The year 2021 took off with its first activity as the “Sports Un-lock”. On **10th of January** a morning 8 am outdoor sports get together was organised at Nehru Park ChanakyaPuri. Despite the chill of Delhi about 90 members joined the event. It included a 3 km walkathon, 6 km runathon and 15km cyclathon. The event was flagged off by President DOA Dr.Lalit Maini. Each participating member was given a dedicated event number tag for display on the T shirts. Post the designated activities there was a surprise “Push Ups” challenge in which all participated to show up the biceps strength. The event ended with hot tea and the famous SitaRam Bazar Chole Bhaturae. And of course there was a clogging of all DOA what,s app groups with the pictures clicked in the event.



DOA Master Class : Developmental Dysplasia of Hip

The first Master Class of 2021 was also on **10th January** at 6 pm on Developmental Dysplasia of hip. It was attended by over 1200 delegates with very good feedback. Five expert paediatric orthopods presented their experience. Dr.Rujuta Mehta from Mumbai presented the first talk on decision making in DDH. Dr.Alok Sud from LHMC presented all about Salter osteotomy with an excellent surgical video. Dr.Sanjay Sarup presented the surgical technique of Dega Osteotomy. Dr.PN Gupta from Chandigarh and Dr.Vikas Gupta from VMMC presented well managed complex DDH cases. The event was conducted online with Omnicuris providing the logistics support.

THE INDIAN ORTHOPAEDIC ASSOCIATION
DELHI CHAPTER

MASTER CLASS BY DELHI ORTHOPAEDIC ASSOCIATION
TOPIC: **DEVELOPMENTAL DYSPLASIA OF HIP**
Date: 10th January 2021
Time: 6pm - 8pm
[REGISTER NOW](#)

ORGANIZERS
Dr. Lalit Maini, President
Dr. Hitesh Lal, Secretary

Speakers:
Dr. Rujuta Mehta, Consultant Paediatric Orthopaedist, Surgeon, National Institute, Mumbai
Dr. Alok Sud, Director, Paediatric Department of Orthopaedics, Lady Hardinge Medical College, Delhi
Dr. Sanjay Sarup, Director, Paediatric Orthopaedics, Arkin Hospital, Gurgaon
Dr. Vikas Gupta, Professor of Orthopaedics, VMMC and Safdarjung Hospital, Delhi
Dr. PN Gupta, Orthopaedics, Delhi

When to do Salter's osteotomy in DDH?
• Routinely during OR for DDH after age of 18 months (upper age varies from 6 - 9 years)
• More than 125° - need to consider after OR with hip placed in extension, neutral rotation and (20degrees) abduction.
• Head bends to sublux on extension and abduction (after OR)
• Failure of acetabular remodeling 2 years after reduction/ dysplasia still seen till 5 years of age

Definition
Dysplasia - Osseous or malalignment of the hip joint.
Dysplasia with poor development of acetabulum and the consequence is Coxa Vara
Common Cause of coxa vara

Ortolani and barlow tests

How do I Calculate Femoral Shortening?
usually 1.5 - 2.5 cm
resection needed if required

Is Varisation Necessary?

DOA Grand Round : Elbow Fractures

The first Grand Round of 2021 was on **17th January** at 6 pm on Elbow fractures. It was attended by over 1018 delegates with a very good feedback. The grand round was based on case based discussions on complex elbow fractures.

We had the event moderated by Dr.Gurinder Bedi and expert faculty – Dr.Amol Tambe from Derby, Mr.Ben Gooding from Nottingham, Dr.Harpal Selhi from DMC Ludhiana, Dr.Dhananjay Sabat from MAMC, Dr. Harpreet Singh from ISIC, Dr.Tahir Ansari from AIIMS Delhi.



WDOA NEWS

Thumping start of year 2021 by WDOA.

20 Jan 2021 evening started with welcome speech of WDOA President Dr. Atul Vaish.

Dr. Harmesh Kapoor, current VP, has provided a comprehensive clinical aspect of Iguratimod, a newer DMARD, in a video presentation.

In the Presidential address Dr. Atul Vaish narrated the glorious 30 yrs journey of WDOA with its academic achievements. All the founder members of WDOA except Dr. V K Jain, were present on the occasion and all were felicitated by President. Office bearers of outgoing EC were also felicitated by our esteemed senior members.

In the secretary report Dr. Harmesh Kapoor has enumerated a long list of academic and nonacademic achievements of WDOA .





- * In the last 7 years WDOA has hosted 4 Quarterly DOA meets.
 - * One PG Basic Trauma course of DOA.
 - *4 MSK meetings of DOA also done by WDOA members.
 - *Dr Vineet arora served as DOA PG coordinator from 2018-2020.
 - *Dr samarjit singh organised advanced trauma course of DOA in July , 2020
 - *Dr Shailendra organised ilizarov and deformity correction course twice.
 - *WDOA has won the bid to host MIDCON of DOA in 2021.
 - * 5 back to back vice Presidents have been from WDOA.
- For the post of Treasurer, DOA, Dr RK Mishra elected with a record margin of votes.
- Dr Atul vaish has been chosen as President Elect of DOA.
- Dr. Harmesh Kapoor acknowledged the contribution of each and every member also.
- Dr. Gopal Goel introduced the new EC team and in his address he emphasised upon a uniform protocol of clinical practice for all Orthopaedics surgeons.
- In the absence of Dr. R K Misra, Dr. Harmesh apprised the house about current financial status of WDOA.
- After the vote of thanks by Dr. Harmesh Kapoor meeting concluded with delicious food and a short musical feast.
- Meeting was attended by around 40 members.

DOA Master Class : Bone Plates

The Second DOA Master class of 2021 on **Bone Plates** was held on **24th Jan 2021**, it was well attended by around 1500 viewers all across the nation, the feedback about the content was very good. The three experienced faculties who had presented their well formed lectures were, Dr. Ashish Jaiman from Safdarjung Hospital New Delhi, Dr. Ravi Chauhan from Sir Ganga Ram Hospital New Delhi, Dr. Sandeep kumar from Jamia Hamdard New Delhi, Dr. Vijay Sharma who is well renowned Trauma surgeon from AIIMS New Delhi moderated the event. The lectures delivered were Basics of Bone plates by Dr. Ashish Jaiman, Locking plates by Dr. Ravi chauhan, Surgical technique for bone plates by Dr. Sandeep Kumar. The event was conducted online with Omnicuris providing the logistics support.



Upcoming Events



The poster features a dark blue background with a large orange number '1' on the left. The top right corner has the Omnicuris logo. The main title is in large white letters. Below the title, the theme is highlighted in a dark blue box with a clock icon. The date is shown with a calendar icon. A 'Register Now' button is prominent. The bottom section lists organizers with their names and titles. The bottom right corner contains contact information and app download links.

DELHI ORTHOPAEDIC ASSOCIATION
ESTD 1958

1ST QUARTER DELHI ORTHOPAEDIC ASSOCIATION MEET

THEME:
Advances in Knee Surgery

31ST JAN 11AM - 2PM

Register Now

ORGANIZERS

DR. LALIT MAINI | PRESIDENT
DR. HITESH LAL | SECRETARY
www.delhiortho.org
Email: doadoffice@gmail.com

DR. PRIVANK GUPTA
SR CONSULTANT ORTHOPAEDIC,
SRI QUANTUM HOSPITAL

DR. SHEKHAR SHRIVASTAV
SR CONSULTANT ORTHOPAEDIC,
SRI FARMANSI HOSPITAL

DR. VINOD KUMAR
HEAD ORTHOPAEDIC SURGERY,
INDIA UNICORN COLLEGE, NEW DELHI

DR. DHANANJAY SABAT
ASSOCIATE PROF. MAMC, DELHI

DR. DEEPAK CHAUDHARY
SR JUNCT ORTHO, SRI GANESH JRS,
SRI HEMANT, NEW DELHI

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Forthcoming Events

**February
2021**

6 to 8 pm
Sunday
Webinar



14th Master Class Nailing

21st Scientific Writing

**28th Grand Round
Tibial Plateau Fractures**

www.delhiortho.org

doadoffice@gmail.com

Forthcoming Events

March 2021

5th-7th IMSOS

6-8 pm Sunday Webinar

14th Masterclass ExFix

21st Masterclass TB Spine

28th Grand Round Ankle #s

www.delhiortho.org
doadoffice@gmail.com

JCOT - IJO Scientific Writing Made Easy

21st February, Sunday. 2 pm

Getting to know scientific writing:
Publication Metrics Dr.Rajeev Thukral 15min

1hour 30 min

Do it right

Moderator: Rohit Rambani

Original Article Dr.Sandeep Patel 15min

Systematic Review Dr.Bhavuk Garg 15min

Case Report Dr.Ashok Shyam 15min

Panel Discussion: 45 min

Dr.Lalit Maini, Dr.Bijyendra Singh, Dr.Praveen Sarda, Dr.Rajesh Botchu

1hour 30 min

Cannot do without

Moderator: Dr.S Saseendar

Applied statistics Dr.Karthik V 15min

Tables Dr.KBS Srinivas 15min

Figures Dr.Murali P 15 min

Panel Discussion: 45 min

Dr.Hitesh Lal, Dr.Rehan Ul Haq, Dr.CP Pal, Dr.KPS Iyenger

Why and where to publish Dr.Raju Vaishya 15 min



The poster is for a 'DOA Sports Meet' featuring badminton and table tennis. At the top, there are logos for 'THE INDIAN ORTHOPAEDIC ASSOCIATION' and 'DOA CHAPTER'. The central text reads 'BADMINTON & TABLE TENNIS DAY OUT' and 'DOA SPORTS MEET'. Below this, there are illustrations of badminton and table tennis players. At the bottom, there are portraits of two organizers: Dr. Barjinder Singh and Dr. Vijay Sharma, along with their contact numbers. A WhatsApp icon is also present.

THE INDIAN ORTHOPAEDIC ASSOCIATION
DOA CHAPTER

BADMINTON & TABLE TENNIS DAY OUT

DOA SPORTS MEET

WHEN: FEB 21, 2021 AT 9 AM
WHERE: AIIMS GYMKHANA

Dr. Barjinder Singh 9811516383
Dr. Vijay Sharma 9899502492