



## UPPER LIMB SYMPOSIA

### Advanced

#### SHOULDER WORKSHOP

Sir Ganga Ram Hospital  
New Delhi

Sunday, 7th April 2024

#### Rotator Cuff Tear - Uncovered



SMAY2024



Organised By

**Sports Medicine Unit**

Department of Orthopaedics

**SIR GANGA RAM HOSPITAL**

with

**SS Foundation**

In Association with

Delhi Orthopaedic Association

&

Indian Arthroscopy Society



# ARTHROSCOPY



*Dear Friends*

**W**e at Sir Ganga Ram Hospital invite you all to **On-site 20th Sports Medicine and Arthroscopy Workshop** on Sunday, 7th April 2024. The meeting will be addressing common cause of painful Shoulder focusing on **“Rotator cuff tear”**, giving full update on the problem.

Rotator cuff pathology has become a common occurrence in our day-to-day clinic and our approach to them has seen a sea of change with the latest advancements and better choices of fixation resulting in effective repair and good results for our patients. The approach to mobilize early has added greatly to the recovery process. All these changes are thanks to newer robust repair techniques, soft tissue biology augmentation of cuff. Synthetic argument devices have come to rescue in some difficult situations of poor cuff tissue and now many times with good soft tissue release a irreparable cuff tears can be converted to repairable one. The patients with a true irreparable cuff tear can be rescued with the latest muscle transfer procedures and other procedures like balloon arthroplasty, superior capsular reconstruction and reverse shoulder arthroplasty.

All these aspects and nuances of management rotator cuff injury will be discussed threadbare by a host of well-known local, national and international faculty taking delegates through step-by-step in approaching a shoulder with rotator cuff issue.

We invite you all to this extremely interactive scientific meeting with a comprehensive scientific program that should update us all with stop-press information on rotator cuff issues in the shoulder. I assure you that the day will be usefully spent and will bring gain of knowledge for one and all.

**Wish you all and family a very Happy New Year**

Dr. Prateek Kumar Gupta  
*Organising Chairman*  
SMAW2024

**ARTHROSCOPY**  
*Life is Movement, Movement is Life*

# PROGRAMME

## SCIENTIFIC SESSION

### Scientific Deliberations

- Single row repair – Has it stood test of time?
- Double row cuff repair – What more does it offer?
- Double row repair different configurations
- Rotator Cuff patterns – Does one strategy fit all?
- Do augments help in healing of tear?
- Irreparable cuff tears - how to manage?

### Video Technique Session

- Single-row cuff repair
- Double-row cuff repair
- Cuff augmentation

### Panel Discussions

- Double row versus single row
- Augmentation vs superior capsular reconstruction

### Case based Discussion

### Live Surgery/Relive Surgery

### Hands-On Workshop

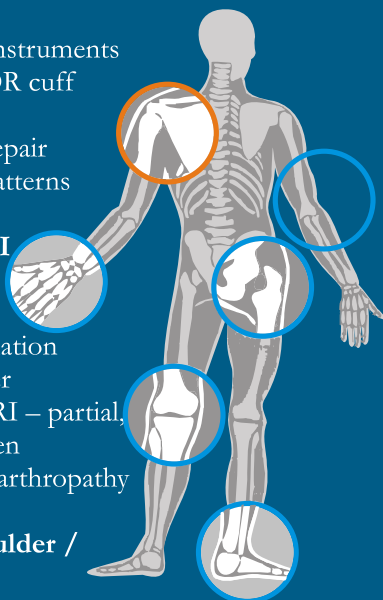
#### A - Cuff repair – New wooden/saw bone model

- Original anchors
- Original shoulder instruments
- Practice of SR & DR cuff repair
- Demo of how to repair different cuff tear patterns

#### B - Clinical exam/MRI

- Demonstrating different assessment/examination routine for Shoulder
- How to pick on MRI – partial, complete tear, frozen shoulder, cuff tear arthropathy

#### C - Ultrasound of shoulder / Knot tying



REGISTRATION FORM

Please write in CAPITAL letters only  
(Photocopy of this form can also be used for registration)

Name .....

Designation ..... Qualification .....

Institution .....

Address .....

.....

Tel ..... Mobile ..... Email .....

Registration Fee	Till 15th Feb 2024	After 15th Feb 2024
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1. Delegates Fee	Rs. 1,500	Rs. 2,000
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2. Postgraduate Delegates Fee	Rs. 1,000	Rs. 1,500
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I am enclosing a Cheque / Draft No.....

for Rs. .... dated .....

drawn on ..... (name of bank)

Cheques/Drafts may please be drawn at Delhi in favour of **Shashi Subodh Foundation** (No outstation cheques will be entertained, please)

Duly completed form with cheque / draft to be sent by Courier only to:

**Dr. Prateek Kumar Gupta**  
Organising Chairman

**Sports Medicine & Arthroscopy Workshop**

**A+ ORTHOPAEDIC AND SPORTS MED  
CENTER**

C- 2/5 Safdarjung Development Area, Aurobindo Marg, New Delhi 110 016  
T: 011-4606 2876, 2651 7776 | M: 99103 02876, 98106 33876  
W: [www.sportsmedicinedelhi.com](http://www.sportsmedicinedelhi.com); [www.smaw.in](http://www.smaw.in)

Email for Correspondence: [sportsmedicinedelhi@yahoo.com](mailto:sportsmedicinedelhi@yahoo.com)

## ORGANISERS

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Prof (Dr.) V. K. Malik

### Organising Dept. Chairman

Dr. V. B. Bhasin

### Organising Chairman

Dr. Prateek Kumar Gupta

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Dr. Shashank Misra

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Dr. Ashis Acharya

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Dr. Dhananjay Sabat  
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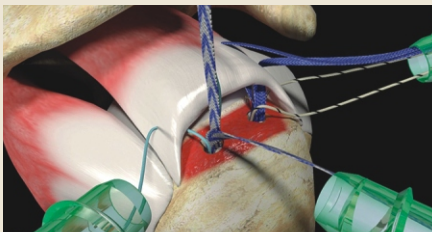
Learn more at [smith-nephew.com](http://smith-nephew.com)



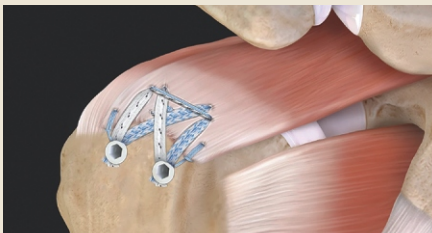
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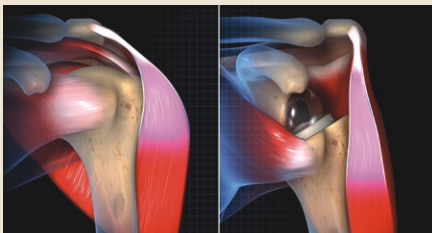
## AGENDA



Single-row Rotator Cuff Repair



Double-row Rotator Cuff Repair



Management of Irreparable Cuff Tears

Register yourself online by clicking  
<https://smaw.in/registration>

Please enquire for Zoom Link to attend the scientific session virtually

*For further information, please contact*

**Dr. Prateek Kumar Gupta**

**President - Indian Arthroscopy Society (2018-2020)**

M.B.B.S., M.S., M.ch. (Liverpool, UK), F.I.C.S. (USA)

D.Orth. (London), F.R.C.S.-Orth. (London)

**Dr. Ashis Acharya**

M.B.B.S., M.S. (ORTHO)

Sports Medicine Unit | Sir Ganga Ram Hospital

Mobile: 70115 48376, 98108 52876, 88260 59392

Email: [sportsmedicinedelhi@yahoo.com](mailto:sportsmedicinedelhi@yahoo.com)

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