

Sports Meeting: ROC 2019- 21st February 2019

Registration 8:00 am onwards

Symposium I:

Advances in Meniscus Surgery Chairpersons: Anil Ranawat, Kailash Patil

Meniscus Session

9:30am - 9:37am	Anatomy & Biomechanics of the Meniscus	Parag Sancheti
9:38am - 9:45am	Types of Meniscus Repair Techniques	Anil Ranawat
9:46am -9:53am	Discoid Meniscus: What's Unique?	IPS Oberoi
9:54am -10:00am	Q&A	

Meniscus Debate Session

10:01am -10:10am	All Inside is the way to go	Parag Sancheti
10:11am - 10:20am	I Always do Inside Out	Sachin Tapasvi
10:21am - 10:30am	Video Presentation: Root Repair	Anil Ranawat
10:31am - 10:35am	Q&A	

Symposium II:

ACL and ALL

Chairpersons: IPS Oberoi, Sunny Gugale

Information & Debate Session

10:36am - 10:46am	ACL Reconstruction with Internal Bracing	DeepakChaudhary
10:52am -10:59am	ALL Anatomy & Reconstruction Techniques	Sachin Tapasvi
11:00am – 11:05am	Q&A	
11:06am -11:15am	Never do ALL Reconstruction for ACL Revision	Raju Easwaran
11:16am - 11:25am	Always do ALL Reconstruction for ACL Revision	Anil Ranawat
11:26am - 11:30am	Q&A	

Tea Break: 11:40am – 11:50 am

Symposium III:

Surgical Techniques

Chairpersons: Deepak Chaudhary, Parag Sancheti

11:51am – 12:05 pm	My Technique: MCL Reconstruction	Sachin Tapasvi
12:06pm - 12:21pm	Don't Forget about the Posterolateral Corner	Anil Ranawat
12:22 pm -12:37pm	My Technique: PLC Reconstruction	IPS Oberoi
12:37 pm – 12:52 pm	My Technique: Opening Wedge HTO	Anil Ranawat
12:53 pm – 1:00pm	Q&A	

Lunch: 1:00 pm – 2:00 pm

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**Symposium IV:
Shoulder Instability**

**Chairpersons: Sachin Tapasvi, Ram Chidambaram
Information Session**

2:00pm - 2:07pm	On Track, Off Track Biomechanical Concept	Dr. Dines
2:08pm - 2:15pm	Advanced Imaging for Shoulder Instability	Raju Eswaran
2:16pm - 2:23pm	Video Presentation: How I do Scope Stabilization	Dr. Dines
2:24pm - 2:30pm	Q&A	

Debate Session

2:31pm -2:40pm	Shoulder Stabilization: +/- Remplissage	Dr. Dines
2:41pm - 2:50pm	Always Need Laterjet	Dipit Sahu
2:51pm - 3:00pm	SLAP & Posterior Labral Tear	Nilesh Kamat
3:01pm - 3:05pm	Q&A	

**Symposium V:
Management of Rotator Cuff Tears** **Chairpersons: Nilesh Kamat
Information Session**

3:06pm - 3:13pm	Rotator Cuff: Biomechanics & Imaging	
3:14pm - 3:21pm	Managing Frozen Shoulder	Anil Ranawat
3:22pm - 3:29pm	Techniques for Massive Cuff Repair	Deepak Chaudhary
3:30pm - 3:35pm	Q&A	

Debate Session

3:36pm -3:45pm	I can do an SCR on a Massive Cuff Tear	Dr. Dines
3:46pm - 3:55pm	You Need a Reverse TSR for Massive Cuff Tear	R.Chidambaram
3:56pm - 4:05pm	Video Presentation: How I do Reverse TSR	Dr. Dines
4:06pm – 4:10pm	Q&A	

Tea Break: 4:11pm – 4:30pm

**Symposium VI:
Surgical Technique**

Chairpersons: Anil Ranawat, Dipit Sahu

4:31pm - 4:45pm	My Technique: Proximal Humerus ORIF	Nilesh Kamat
4:46pm - 5:00pm	My Technique: Reverse for Fracture	Dr. Dines
5:01pm -5:15pm	My Technique: Anatomic TSR	R.Chidambaram
5:16pm - 5:30pm	Q&A	

6:00 pm – 7:00 pm **Company Sponsored Session**

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