

DOA NEWS FOR JANUARY, 2016

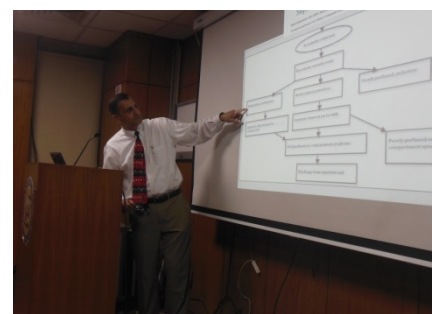
Dear friends, continuing with the academic activities of last year, orthopaedic fraternity of Delhi saw a number of events being organised in the first month of 2016, setting the pace for the year to come.

WDOA held a meeting on Shoulder trauma and Pain management guidelines at Radisson Blu Hotel at Paschim Vihar, New Delhi on 7th January, 2016. Among



the prominent faculty was Dr Ramakant Aggarwal, Dr Manoj Vats, Dr Atul Vaish, Dr Harmesh Kapoor. Topics covered included trauma around shoulder especially proximal humerus and latest recommendations on usage of NSAIDS in orthopaedics practice. There was also discussion on various case scenarios and recommendations on managing trauma cases. The meeting was attended by around 40 delegates.

A Pediatric Orthopedics CME was held at Chacha Nehru Bal Chikitsalaya, Geeta Colony, Delhi on 12 January, 2016 by Dr. Anil Aggarwal. The programme was organized under aegis of Pediatric Orthopedic Foundation (POF). It was first in the series of CME to be conducted by POF, intended to introduce pediatric orthopedics as a distinct orthopedic speciality to the budding orthopedic surgeons. The CME was accredited by the Delhi Medical Council for 2 hours 15 minutes. Dr. Sanjeev Sabharwal, an internationally renowned faculty in pediatric orthopedics from Rutgers-New Jersey Medical School, USA was the invited faculty. The



CME topics were Lower limb deformities in children: Lessons learned, Publishing in peer reviewed journals: Few tips, Pink pulseless hand following supracondylar fractures. The CME also included some case presentations which generated healthy discussion among the peer group. The meeting was attended by over 75 enthusiastic participants.

Continuing with the teaching program for post graduates, AIIMS organised the DOA teaching course on 16th of January, 2016. The topic for the teaching course was 'Sports injuries of the knee joint'. Post-graduate students from various institutes in Delhi attended and actively participated in the course. Following the brief introductory lecture about sports injuries by Dr. Bhavuk Garg, 4 clinical cases were discussed in the course that lasted two and a half hours.

Professor Rajesh Malhotra, Professor Ravi Mittal and Dr. Vijay Kumar presided over the discussion sessions. The case discussions were conducted in a manner which would be akin to the final examination faced by post-graduate students. However, it was filled with active comments and queries from the participants. There was one long case (chronic anterior cruciate ligament tear), two short cases (multi-ligamentous injury and chronic anterior cruciate injury without instability) and one spot diagnosis (discoid meniscus). All the cases were discussed thoroughly and the faculty ensured that every query of the participants was addressed and all the relevant findings and examination methods were demonstrated. During the demonstration of classical signs voluntary participation from all the students attending the course was sought. Cases were presented by Dr. Nitish Kumar, Dr. Naman Wahal, Dr. K. Manoj and Dr. Nishank Mehta (all of them are post graduate students).

The case discussion was followed by a brief enlightening talk by Prof Ravi Mittal regarding the decision making in such cases. All the students appreciated the practical and applied knowledge gained through the course.

Sports Injury centre and Safdarjang Hospital, organised a Cadaveric workshop on basic knee and shoulder arthroscopy on 30th and 31st January. Prominent faculty included Dr. Deepak Chaudhary,



Dr Himanshu Kataria, Dr. Ravi Gupta, Dr Amite Pankaj and Dr. Prateek Gupta. It was attended by around 20 delegates from India and abroad.

There are lot of orthopaedic activities scheduled for month of February with quarterly meet scheduled for 20th of February (Saturday) at Hotel Park, Connaught place organised by LHMC starting at 1 PM. The programme for meet is as under

1 to 2 pm Lunch

A. Tuberculosis session 2 to 3 pm

1. Radiological spectrum in osteoarticular tuberculosis- atypical presentation - Dr Arun Goel
2. Tuberculosis of foot and ankle- Dr Anil Agrawal
3. Multifocal Tuberculosis- Retrospective study in 18 children- Dr Aditya Agrawal

Tea time lecture: 3 to 3.30 pm

Vitamin D deficiency in India Dr. Mukesh Kalra

B. Pyogenic session 3.30 to 4.30 pm

1. Pyogenic infections- Dr Mathew Verghese
2. Management & Outcome of pseudoarthrosis of femoral neck- Choi III B Dr R K Kanojia
3. Periosteal and fibular graft for post-septic gap non unions in children Dr Anil Agrawal

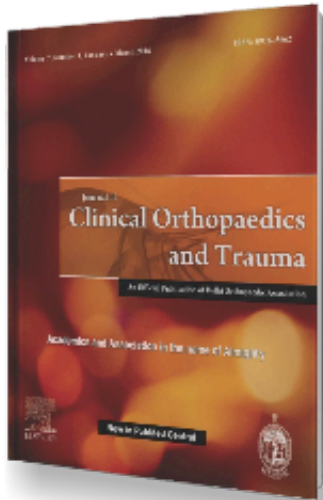
C. Interesting case sessions 4.30 to 5 pm

Dr Vivek, Dr Saransh

We are also including the proposed academic programme for rest of the year. Mark your calendar accordingly.

Month	Date	EVENT	VENUE
January			
	12	Paediatric Ortho CME	CNBC
	16	PG Session	AIIMS
February			
	7	foot & Ankle Course	Ganga Ram
	13	PG Session	MAMC
	20	DOA Quartely MEETING	Park Hotel
March			
	6	Shoulder course ISIC	ISIC
	13	DOA Advanced Trauma Course	Park Hotel
	19	PG Session	VMMC
April			
	10	DOA Spine Course	ISIC
	16	PG Session	RAILWAY
	23	DOA Quartely Meeting	DITO
May			
	8	DOA Publication & Presentation Workshop	Apollo
	21	PG Session	LHMC
June			
	12	DOA Acetabular Fracture Course	AIIMS trauma
	18	PG Session	RML
July			
	16	PG Session	AIIMS
	17	DOA MIDCON	EDOA
August			
	7	DOA MSK imaging CME	SDOA
	21	Current Concepts in Arthroplasty	AIIMS
September			
	11	DOA Advanced Spine Course	
	17	PG Session	VMMC
October			
	9	DOA Basic trauma course	
	15	PG Session	RAILWAY
November			
	6	Indian Arthroplasty Association	Delhi
	13	DOACON	UCMS
	20	ISKSAA Global Congress	Delhi
	19	PG Session	LHMC

CALL FOR PAPERS



Dear Readers,

An interest and awareness about the **Cartilage** science is rapidly growing amongst scientists and Orthopedic surgeons. Arthroscopic surgeons often come face-to-face with cartilage lesions during surgery, and until recently they often neglected it due to unavailability of a good treatment option. But now, due to a better understanding of the aetiopathogenesis of cartilage lesions and the availability of several cartilage restoration techniques, the scenario has changed completely.

The techniques like microfracture, mosaicoplasty, cartilage transplantation, etc. are being used in larger numbers across the world, with good medium-term results.

Hence, to increase the awareness and perceptibility about the problems of cartilage and various available treatment modalities, we wish to bring out the third issue of this year (July-September) with the theme of "**CARTILAGE**". We wish to include some invited articles from the top scientists and surgeons from the field of Cartilage, along with any useful research papers, reviews, case reports, etc. related to cartilage in this theme based issue.

You are invited to submit your articles on Cartilage at the following link:

Submit your Manuscript here <http://ees.elsevier.com/jcot>

Regards,

Editors

Journal of Clinical Orthopaedics and Trauma

<http://www.journal-cot.com/>

CONCEPTS IN TRAUMA CARE ADVANCE TRAUMA COURSE

2016

ORGANIZED BY
**DELHI ORTHOPAEDIC
ASSOCIATION**

13th MARCH 2016(SUNDAY)
HOTEL PARK
Connaught Place, N.Delhi

Course Fee : 3000/=
Registration Closes 20th Feb'16
Seats Limited to 50 Delegates
No Spot Registration

**REGISTER
NOW!**

REGISTER EARLY

**BE A PART OF THE NEVER TO FORGET SCIENTIFIC SESSION
AND INTERACTIVE LEARNING FROM THE MASTERS.
ONE DAY WORKSHOP WITH HANDS ON SAW BONE**

Conference Chairman: Dr. Rajiv Jain
Organizing Director: Prof. Lalit Maini
Organizing Secretary : Dr. Jatin Talwar

For Registration:

Cash /DD in favour of "**DELHI ORTHOPAEDIC ASSOCIATION**"