

DOA NEWS

DECEMBER , 2015

Dear Members,

Wish you a very happy and prosperous new year.



It has been almost two months since the present EC took over. There is a need for regular communication to all of you. A DOA newsletter would be released regularly to make you aware of the various activities of DOA.

The beginning of this month was marked by an unfortunate event where one of our colleagues from LNJP Hospital was falsely implicated in a sting operation. Learning this, DOA immediately swung into action and President DOA sought an urgent appointment with OSD, Health Minister, NCT Delhi. In the two hours of the meeting, the issue was discussed at length and DOA's hard stance on this matter was put forward. Fortunately, the matter was resolved amicably in favour of our colleague. DOA is committed to take these kinds of false allegations towards our members very seriously in the future.

In continuation of previous month's news on orthopaedic events in Delhi, this month started with a daylong "fracture fixation principles" workshop on concepts in Trauma Care held on 6th December at Lady Hardinge Medical College. This was organized by Delhi orthopaedic Association as a part of postgraduate teaching program. Dr. Rajiv Jain DOA president graced the occasion and interacted with post-graduates. Prof. Mukesh Kalra and his colleagues provided the logistical support for the workshop.



42 delegates comprising of 2nd and 1st year post-graduate students from different medical colleges of Delhi, attended the workshop. An interactive general teaching session preceded the hands on saw bone workshop. This consisted of lectures by various faculties on basic trauma concepts, like tension Band wiring, DCP, DHS, ILN and external fixator. This was followed by hands on training on bone saw models in small groups. 10 workstations were assembled. Each station had no more than 4 post-graduates and were supervised and closely monitored by an instructor for each exercise.



The bone models and instruments were provided by Adler. The whole program was organized and supervised by Dr. Lalit Maini and Dr. Abhishek Kashyap and was greatly appreciated by the postgraduates.

This was followed by mega event of IOACON, 2016, which was held at Jaipur from 9th to 14th December. It was an excellent academic feast and Delhi orthopedic association was a major support in its academics.

DOA proudly saw Prof. Sudhir Kapoor being taking over as President of IOA in IOACON this year.

IOA PG teaching program was organized in SMS Hospital Auditorium on 9th and 10th December 2015. Many senior teachers from DOA including Prof S. Rastogi, Dr. IPS Oberoi, and Prof. S.M. Tuli were an integral part of this program and many postgraduates benefitted from their vast experience.

Dr. K.T. Dholakia CME, Organized by Punjab State Chapter of Indian Orthopaedic Association was convened on 11th December by Prof Ravi Gupta in Birla auditorium. Many speakers from DOA participated in this CME as faculty. The theme of CME this year was "Periarticular fractures: Tips and tricks". Prof. P. P. Kotwal spoke on distal radius fractures, scaphoid fractures. Prof. Rajesh Malhotra covered Glenoid fractures. Dr. Amite Pankaj talked about lateral end clavicle fractures. In elbow session, Dr. Ravi Mittal and Dr. Bhavuk Garg addressed the concerns related to fracture dislocation elbow and radial head plating respectively. Dr. Vivek Trikha explained the tricks of percutaneous sacro-iliac screw fixation. Prof. Sudhir Kapoor gave valuable pearls regarding proximal femoral nailing. Dr. Vijay Sharma spoke about proximal and distal tibia plating.



On 12th December, Prof. Anil Jain delivered the prestigious Kini memorial oration on T. B. Spine, Research Evidence to Guideline. Prof. P P Kotwal took the conference lecture on upper limb arthroplasty in India. Both lectures were very well received and appreciated by the whole IOA community. Dr. Chhabra's talk on cervical trauma in IOA-AAOS symposium was a valuable addition. Dr. Shekhar Agarwal defended the role of THR in intertrochanteric fractures. Prof. Rajesh Malhotra discussed the need of DVT prophylaxis in current perspective.

On 13th December, Dr. Raju Vaishya shared his thoughts and experiences regarding patient specific instrument and conventional jigs for TKR. Prof. Ravi Mittal spoke on elbow arthroscopy. Prof Tuli discussed the evolution of spinal instrumentation as well as patient evaluation in spinal TB. Prof Sudhir Kumar discoursed his experience regarding management of post-tubercular spinal deformities. Dr. Vikas Gupta talked about nonunion scaphoid. Dr. Raju Eshwaran was a well-appreciated faculty in ACL symposium. On 14th December, Dr. Yash Gulati presented his experience with Two Pod Pinless Navigation in TKR.

Many members of DOA including postgraduates presented free papers during various sessions in IOACON and were widely appreciated for their scientific work. Workshops saw a great enthusiasm among delegates as well as among faculty. Dr. Amite Pankaj performed a live surgery on PCL reconstruction while Dr. Vineet Jain delivered a lecture on multiligamentous reconstruction in knee during arthroscopy workshop. Overall, DOA played a proud role in IOACON success this year.

Middle of the month saw, first **IFAS Foot and Ankle Cadaver Workshop** held by Indian Foot and Ankle Society, in collaboration with Delhi Orthopaedic Association along with Department of Orthopaedics, JPN Trauma Centre, on 13th December, 2015 at Cadaver Research and Training Facility, JPNATC, AIIMS. 26 delegates from different parts of the country attended the course. The faculty included: Dr Michael Dujela from USA, Dr Jitendra Mangwani, UK and National faculty: Dr Balvinder Rana, President Indian Foot and Ankle Society, Dr Vivek Trikha, JPN Trauma



Centre, Dr Pradeep Monoot, Mumbai and Dr Mahendra from Goa. Dr Sumit Sinha, Incharge of CTRF JPN Trauma centre AIIMS was instrumental in organizing the logistics for the course. Various aspects of foot and ankle surgery including approaches for Pilon fractures, calcaneal fractures, lateral ankle instability was demonstrated individually by the faculty and then performed by the participants. First ray surgeries for the hallux valgus and posterior ankle exposures were also demonstrated and performed by the participants under guidance of the faculty. All the participants had the opportunity to do cadaveric dissection individually and also learn the finer points of these surgeries. The feedback given by the delegates in the end was very positive and Indian Foot and Ankle Society is planning to conduct at least three such courses every year at CTRF, AIIMS and also in other parts of India.

The monthly PG teaching programme was conducted at RML Hospital, under the supervision of Dr.Arya. 50 students attended the session with discussions on long and short cases

J&J fellows, Dr.Pulak Sharma, Dr.Vineet Kumar, Dr.Rahul and Dr Arun GR visited Delhi in last week of December, on 29th after arrival they visited MAMC. The same evening they met the DOA EC members on dinner hosted for them by DOA at National sports centre. On 30th they went to Indian Spinal Injury centre and to Sports Injury Centre on 31st. On the last day of their visit on 1st January they visited Apollo Hospital. They greatly appreciated the academic and surgical program prepared for them.



FORTHCOMING EVENTS

After the vacations and New Year festivities, the academic program will continue and January, 2016 will see following programs:

1. Pediatric Orthopedics CME.

Venue : Chacha Nehru Bal Chikitsalaya, Geeta Colony, Delhi -110031.

Date : 12 January, 2016.

Organizers: Department of Pediatric Orthopedics, Chacha Nehru Bal Chikitsalaya and Pediatric Orthopedic Foundation (POF).

Contact Person: Dr.Anil Agrawal

2. Post graduate teaching program.

Venue: AIIMS

Date: 16th January

Organizer: Department of Orthopaedics AIIMS

Contact Person: Dr.Bavuk Garg