

## DOA NEWS FOR MARCH, 2016

Dear friends, March brings sweat to forehead of every student and parents alike, so predictably orthopaedic academics take a bit of backseat, with everybody concentrating on their kids. Like wise this month witnessed relatively few academic activities as compared to previous months.

Highlight was “Advanced trauma course 2016” held by DOA on 13<sup>th</sup> March. It was targeted specifically to strengthen the concepts of trauma care amongst young Orthopaedic surgeons. The course was held at “The Park-Connaught Place” and was led by Dr Rajiv Jain as the Organizing Chairman, Dr.Lalit Maini as the Organizing Director and Dr.Jatin Talwar as the Organizing Secretary.



The course was duly recognized by the Delhi Medical Council and it was accredited 6 and half CME hours.

Two modules (Upper limb and Lower limbs) were designed to cover the most commonly encountered regions by a trauma surgeon namely, proximal humerus, distal radius, proximal femur and proximal tibia. Every module had presentations by experienced faculty followed by hands on saw bone workshop for each region. The course had a total of 3 hours of saw bone exercise.

With 50 delegates the course was a huge success with a student faculty ratio of 2.5:1 and included delegates from many institutions in and outside Delhi. With a total of 10 work stations each having 5 delegates and 2 faculty members, every delegate had sufficient



opportunity to interact with faculty members on his table. Two independent observers observed the course from its start till the end and gave a very good rating to the course. The feedback

score from the delegates was on an average 4.5-5 out of 5 points.

Overall the Organizing committee, all the faculty members and the Delhi Orthopaedic Association was deeply appreciated by all who attended the course. It was requested and suggested by all to make the Advanced Trauma Course a regular annual event.



On 17<sup>th</sup> of March, CIO, VMMC and Safdarjang Hospital organized PG teaching class under the guidance of Director CIO, Prof. Dr Ramesh Kumar. Focus was common long cases of hip and spine. 70 post graduates from different institutes from all over Delhi NCR attended the session which lasted till 6PM. There was active participation from most of post graduates with a lively case discussion among residents and faculty. The sessions were chaired by Dr Ramesh Kumar, Dr Lovenish Krishna and Dr Chopra.

Besides these ISIC also organized a shoulder course on 6<sup>th</sup> March, 2016 which focussed on shoulder examination, diagnosis and treatment protocols for common problems.

The coming month will see PG teaching class being organized by Railway Hospital on 16<sup>th</sup> March from 1PM -5 PM and workshop on "Difficult Implant removal in Orthopaedic Practice" being held by EDOA on 17<sup>th</sup> March from 12 noon to 4 PM at Hotel Park Plaza, Near Cross River Mall, Delhi. Dr DD Tanna will deliver his talk on the topic during the conference.

## DOA PG Training Programme

**Venue: Northern Railway Central Hospital  
Basant Lane, Connaught Place  
New Delhi**

**Date : Saturday 16th April 2016**

**Lunch : 13:00 Hrs to 14:00 Hrs**

**Time : 14:00 Hrs to 17:00 Hrs**

**ORGANISED BY : DEPTT. OF ORTHOPAEDICS/ NRCH**

**FOR QUERIES CONTACT:**

**DR. ATUL VAISH**

**DR. RUSHAMA TANDON**

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**Sponsored by IPCA Pain Management**

## **SYMPOSIUM ON DIFFICULT IMPLANT REMOVAL**

Organised by : East Delhi Orthopaedic Association

Sunday 17<sup>th</sup> april 2016, Park Plaza, Karkardooma court

**1<sup>st</sup> Session ---- 12.00 to 1.30 pm                      Topic--- Difficult plate removal**

Speaker --- DR. TANA ( senior orthopaedic surgeon)

Chairpersons --- Prof. Arun Goel, Dr. Rajiv Jain

Followed by case presentations & discussion

Dr. Amite Pankaj ---- DHS Removal, Dr. Rajiv Thukral --- Philos Removal

LUNCH----- 1.30 TO 2.30 PM

**2<sup>nd</sup> Session ---- 2.30 to 4.00 pm                      Topic --- Difficult nail removal**

Speaker --- DR. TANA ( senior orthopaedic surgeon)

Chairpersons ---- Prof S P Mandal , Dr. Anmol Maria

Followed by case presentations & discussion.

Dr. Lalit Maini, Dr. Rajiv Jain, Dr. V N Gaur --- Nail Removal

## **DOA IInd Quarterly Meet – Sant Parmanand Hospital**

**30.04.16 1-5pm**

**Degenerative Knee Disease – Current Concept**

**Lunch 1-2 p.m Delicacies from Chandni Chowk    Academic Session 2-5 p.m**

1. Conservative Management of OA Knee – Current Concepts
2. Arthroscopy in OA Knee – What's in, What's out
3. Unicompartmental OA Knee – UKA / HTO – What does literature say
4. Advanced OA knee with bony defects – Management issues
5. Post-operative pain management after TKA
6. Interesting Case Presentations