

DOA NEWS FOR FEBRUARY, 2016

Dear friends, the second month of the year started with cold winds and ended with start of warmness, though orthopaedic academic activities continued with great fervour.

The month started with Sir Ganga Ram Hospital Foot & Ankle course held on 07 February 2016. It was a step to encourage interest in foot and ankle surgery among orthopaedics surgeons. Along with the experts' presentations on foot and ankle examination, Clubfoot, ponsetti casting technique, hallux valgus, diabetic foot and Lisfranc fracture, a hands on workshop on bone models on management of Hallux valgus deformity and midfoot fracture stabilization was also organised.



The young surgeons got hands on experience on managing complex foot and ankle conditions on bone models under supervision of experts. Around 50 delegates from all over India attended the course and hands on workshop.

Same day also saw Rajdhani Marathon League initiated by an orthopedic surgeon Dr Akhil Bhargava and his team and supported by DOA with the motive of creating awareness of the role of exercise for good health. This event was organized on 7th February, Sunday in East Delhi which was well participated by more than two thousand runners. Hundreds of doctors were part of it, among which more than 25 orthopedic surgeon were present. This event was graced by Dr Rajeev Jain President DOA and other eminent orthopaedic surgeons including Dr Inder Ahuja, Secretary EDOA, Dr Sharad Agarwal, Dr Shekhar Agarwal, Dr Mohit



Madan, Dr G S Shukla, Dr VAS Kumar, Dr Sushil Kumar.

The event was inaugurated by Joint Commissioner of Police M K Meena and athlete Sunita Godra, a distinguished international marathon champion. In 21 km category male Pradeep Singh, Army Officer from Pune and in female Kiran Samdev from

UP railway police won the title. In 11.5 km category, Balram Singh in male category and Arpita in female category were the winners. Five km race was the biggest attraction for most of the new aspirants and beginners leading sedentary life.

Among the participants more than 40 were from the elite marathon group and winners of various national and international races. People from eight states graced the occasion belonging to varied strata of society. The event was well organized and able to deliver its message of keeping one's body fit with exercise.



CDOA organized a CME on 11th February at Shankar road, New Rajinder Nagar on fracture distal end radius. Speaker was Dr. Kumar Vaibhav from Karnal.



WDOA organized a CME on 12th February at Tulip Inn Hari nagar, on Scaphoid fractures. Speaker was Dr. Vikas Gupta from Medanta.

On 13th of February the monthly PG session was organised by MAMC faculty. There was a gathering of about 70 residents and exam oriented discussion was conducted on short cases.

The month also saw first major orthopaedics meet of this calendar year, the first quarterly meet of DOA, organised on 20th February 2016. It was conducted by the department of Orthopaedics Lady Hardinge Medical College at a nearby venue.



The Quarterly meeting was on a theme of "Paediatric Orthopaedic Infections". Senior orthopaedic surgeons along with residents from Medical Colleges attended the meeting. It was a very interactive 5 hour meeting bringing out problems and solutions related to Paediatric orthopaedic infections. The first session was on Tubercular infection, followed by a talk on rickets and ended with a session on pyogenic infections.

The session on tuberculosis highlighted the importance of having a tissue diagnosis and also to be on an alert for drug resistant cases. It was shared that there were multiple drug schedules present for treating tuberculosis however efforts are going on to have one standard drug protocol.



In the session on pyogenic infections cases were discussed on how to handle the complications and neglected cases. LHMC

shared few very difficult cases managed by indigenous methods and with very good outcome with long term follow up. The session ended with the announcement of few forthcoming events of Delhi Orthopaedic association.

DOA is organising "**Concepts in Trauma Care : Advanced Trauma course 2016**" to be held on **13th of March 2016 at Hotel Park , Connaught Place , New Delhi.**

Hoping that the young orthopaedic surgeons of Delhi will avail this unique opportunity of learning management of trauma, which unfortunately is slowly becoming a dying art.

March			
	6	Shoulder course SIC	ISIC
	13	DOA Advanced Trauma Course	Park Hotel
	19	PG Session	VMMC

